Some changes after the Second Vatican Council :

* The Mass was no longer said in Latin.
* The priest no longer said Mass with his back to the people.
* The altar rail was removed no longer separating the people from the altar.
* Lay people or people of the parish were encouraged to become more involved in Mass. They could now give out communion, sing in choirs or say a reading.
* People were encouraged to read their Bibles more.
* Fasting rules were changed, there was no need to fast from midnight the night before you received communion. You only had to fast for an hour before hand.
* The Church became more involved in interfaith dialogue. This encouraged people to show respect to other world religions.